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Genuine] for fine health food excellent products of 1688 cases (168 common ingredients. 1000 super popular dishes(Chinese Edition)

By WANG NAN NAN BIAN ZHU

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment. Paperback. Pub Date :2012-06-01 Pages: 243 Publisher: basic information about the title of the Tianjin Science and Technology Press: for fine health food of superior products of 1688 cases (168 common ingredients. 1000 super popular dishes. so the table 365 days Mood refurbished!) List Price: 29.8 yuan Author: Wang Nannan ed Publisher: Tianjin Science and Technology Publishing Date :2012-6-1ISBN: 9787530870433 Number of words: 200.000 yards: 243 Edition: 1 Binding: Paperback: 16 Weight: Editor's Choice exquisite pictures. Tailored for the kitchen novice. one thousand the HD-kind color. four-color copperplate printing. unlimited realistic! Careful guidance. National nutritionists portrait of dedication. taught you how to cooking the most delicious food! Easy to learn. Commonly used ingredients picked up at random. and the completion of the most gorgeous incarnations turnip greens in your hands! Summary diet regimen. quality of life. three meals a day different from where enjoy! Cooking is not profound. Sibu is very demanding! What to eat. how to eat. how much to eat . these are not low-calorie. low-fat. low fat . these do not have to tangle detoxifies lipid-lowering...



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