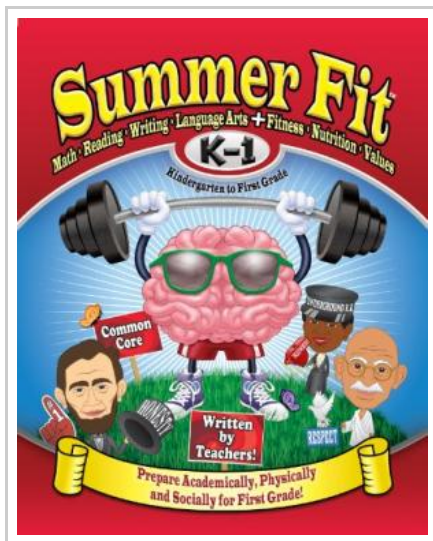




DOWNLOAD



Summer Fit, Grades K-1: Exercises for the Brain and Body While Away from School

By Kelly Terrill

Monkeyfeather Books. Paperback. Book Condition: New. Paperback. 160 pages. Dimensions: 10.8in. x 8.3in. x 0.5in. Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Abraham Lincoln, Gandhi and Harriet Tubman help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos. Based on Common Core: math, reading, writing, language arts and science Exercises jump start the recommended 60 minutes of daily movement and play Role models reinforce core values, good character and social skills Integrated academics and physical activities reinforce the importance of the body-brain connection Free digital downloads This item ships from multiple locations. Your book may arrive from Roseburg,OR, La Vergne,TN. Paperback.



READ ONLINE
[6.08 MB]

Reviews

This book may be worth purchasing. I was able to comprehend every thing using this published e publication. I am happy to let you know that this is the very best ebook i have got read inside my very own daily life and could be the finest ebook for actually.

-- Rhoda Durgan PhD

It is easy in study better to understand. Of course, it is actually play, nonetheless an amazing and interesting literature. I am quickly could possibly get a satisfaction of reading through a published ebook.

-- Ms. Lucinda Koelpin